



Better Lighting Panel Discussion

Planning and Environmental Committee - Sunset Valley

Dawn Davies, Night Sky Program Manager
8 March 2023



Hill Country Alliance and the Night Sky

HCA works with community partners to reduce light pollution, establish better practices, and celebrate the dark night sky through:

- Education
 - Light Pollution
 - Night Sky Friendly Lighting
 - Hill Country Night Sky Month
- Friends of the Night Sky Groups
- Ordinances and Resolutions
- Projects & Mapping

Four out of five North Americans have lost the view of the Milky Way where they live.

(The New World Atlas of artificial night sky brightness, *Science Advances*, 10 June 2016: Vol.2, no. 6)

Light pollution has adverse effects across a multitude of areas.

Night Sky: Heritage, culture, wonder

Wildlife: Insects, birds, mammals, ecosystems

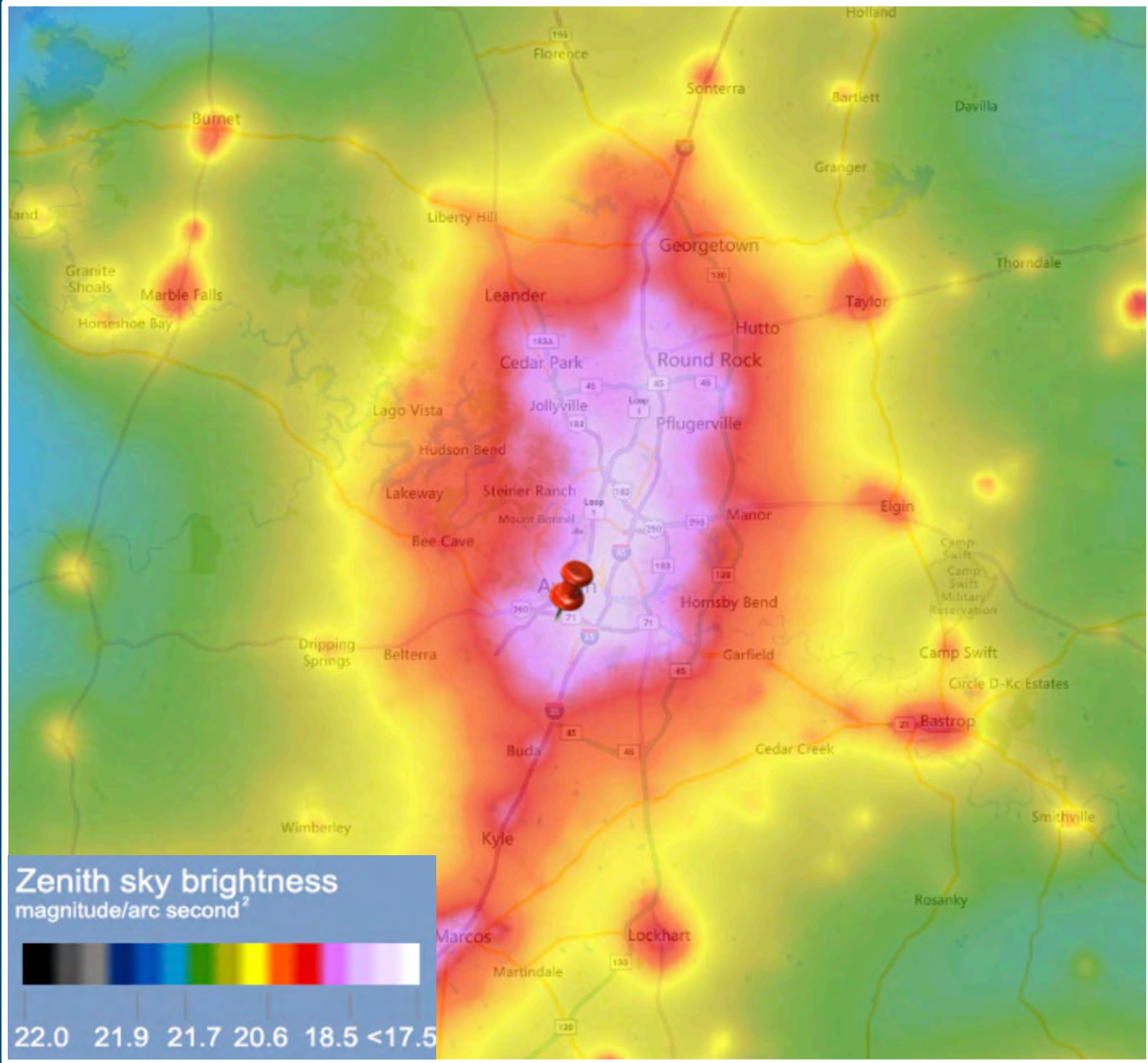
Human Health: Sleep disorders, metabolism, cancer

Crime: Leads criminals to targets, decreases visibility

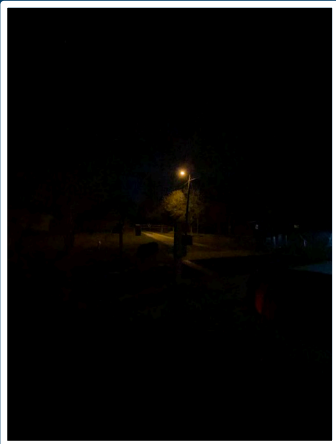
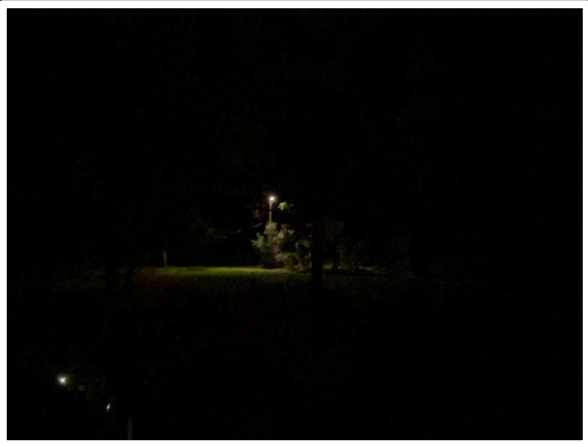
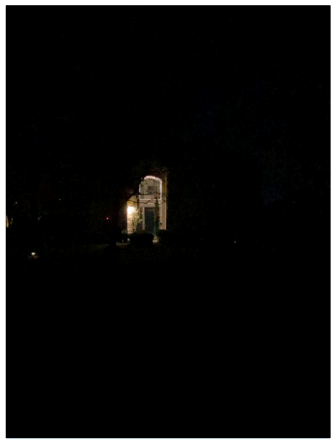
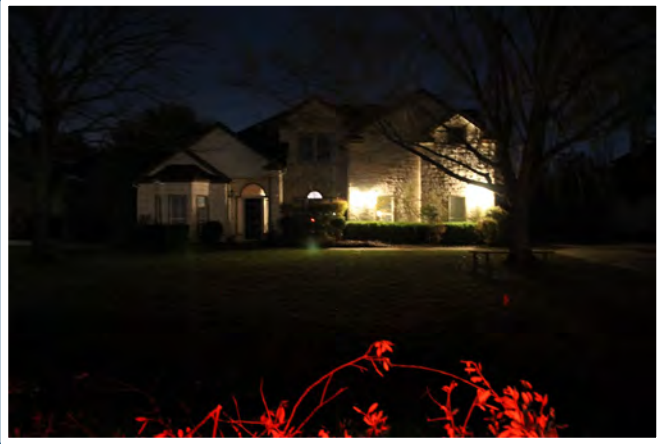
Traffic: Decreases visibility

Finance: Wasted electricity, lost tourism opportunity

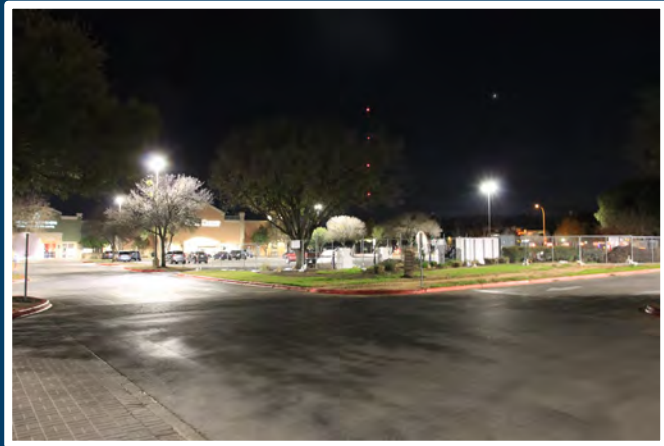
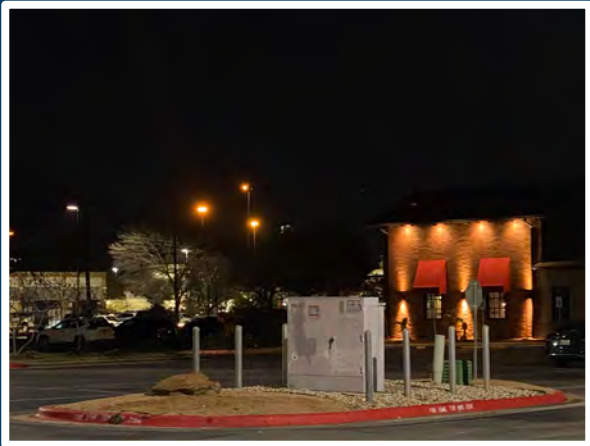
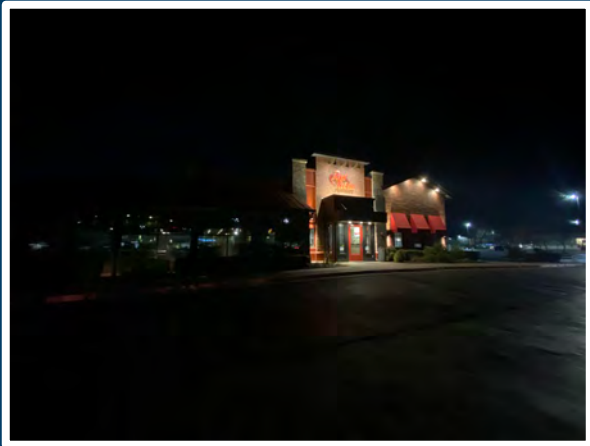
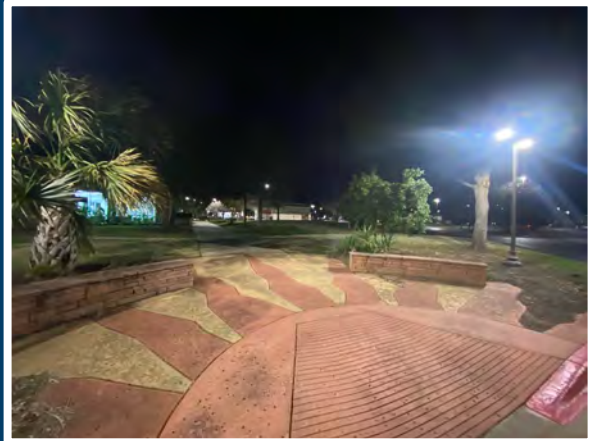




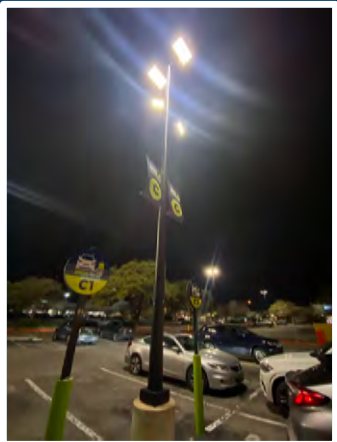
Sunset Valley – Residential Neighborhoods



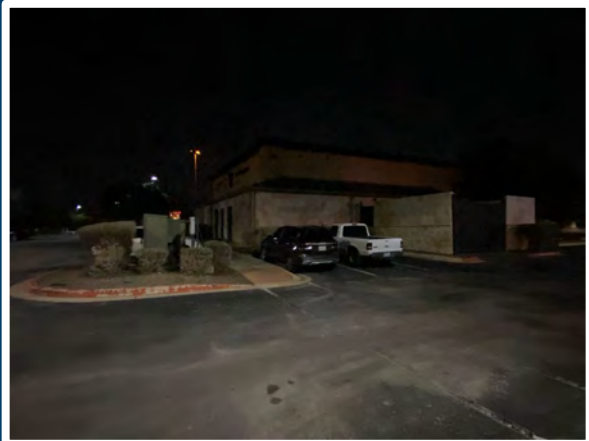
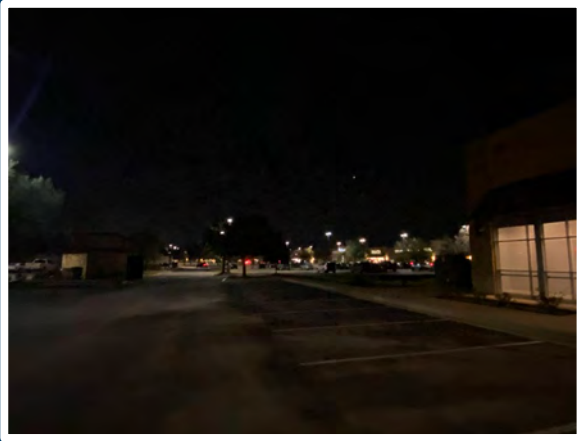
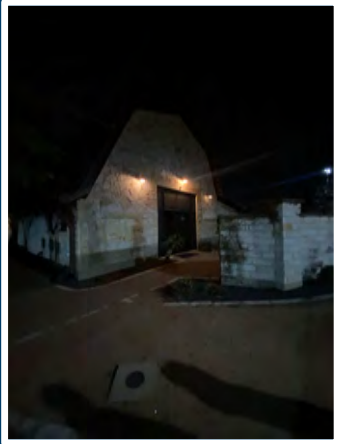
Sunset Valley Village



Sunset Valley Marketfair



Sunset Valley Homestead



North Capital of Texas Highway 360 Project

St. Stephen's Episcopal School



Wild Basin Nature Preserve



West Lake Hills



Lost Creek Neighborhood



Barton Creek Wilderness Park



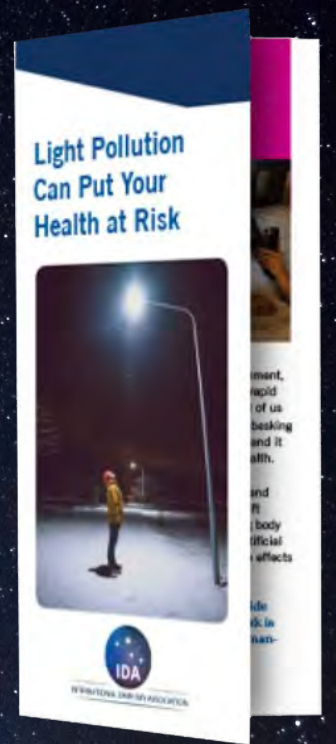
Sunset Valley



The Human Factor

Night sky advocates and the American Medical Association agree that light pollution is bad for your health. Both support the use of LED fixtures for their energy saving and financial benefits. However, the culprit lies in bulbs that emit light along the blue portion of the color spectrum. The higher the color temperature of a bulb, in excess of 3000K, the greater the level of blue light emissions. Regular and excessive exposure at night to blue light leads to:

- decreased levels of melatonin
- circadian rhythm disruption
- impaired daytime function
- greater incidence of obesity and diabetes
- increased risk of cancer
- Increased risk of cardiovascular disease



More Light Doesn't = More Safe

An area of contention that exists is that the more outdoor light on a home or business, the safer those structures are. This only holds true if the fixtures are night-sky-friendly. The enemy of crime and safety is not lack of light, it is glare.



© Illinois Coalition for Responsible Outdoor Lighting



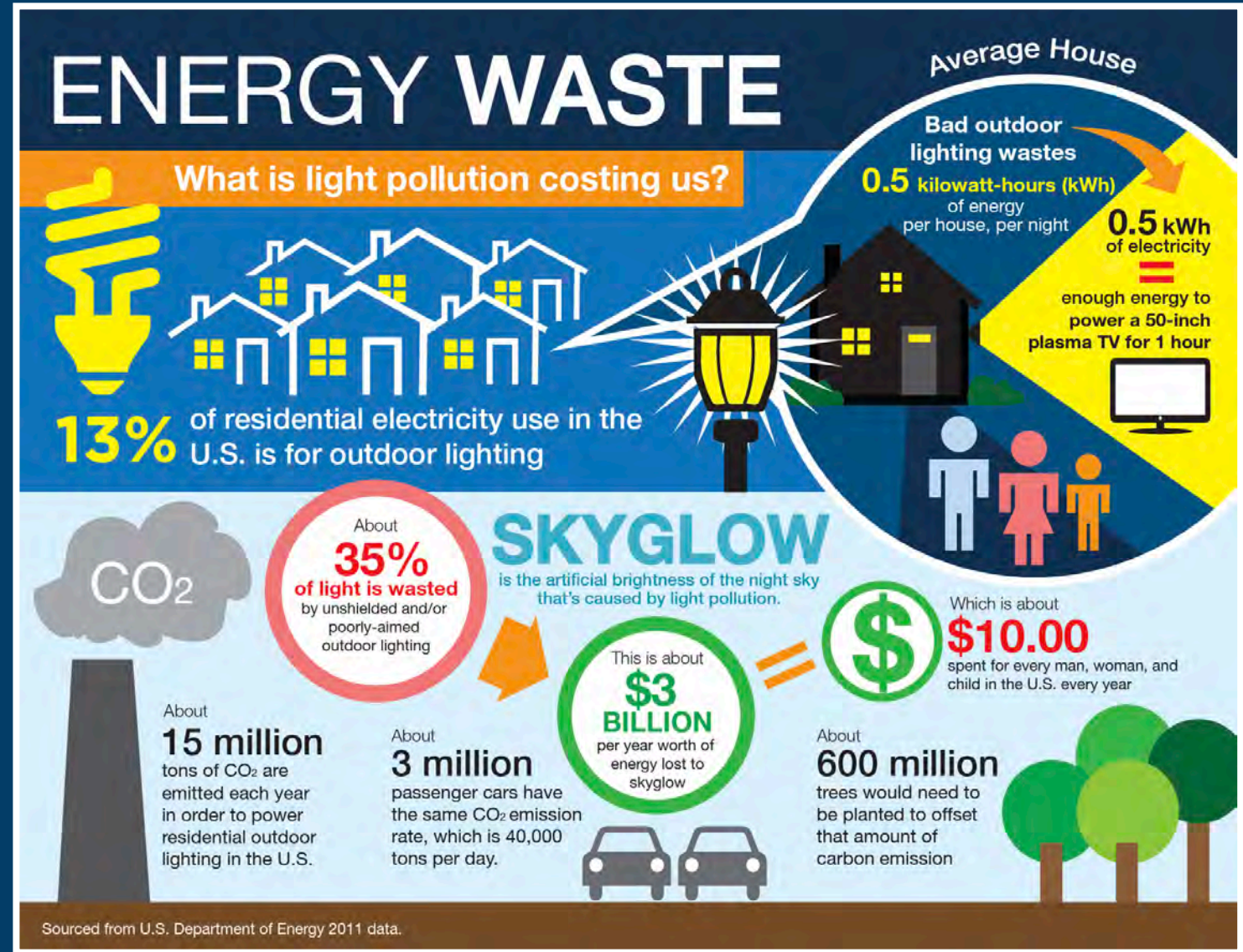
© Greg Feeney



© Illinois Coalition for Responsible Outdoor Lighting

Money and Energy Waste

Light pollution costs the United States approximately \$3 billion in energy loss and is responsible for 15 million tons in CO₂ emissions each year. The State of Texas loses around \$250 million, and light pollution in the Hill Country alone is to blame for roughly 21k tons of CO₂ emissions annually.



Texas Blind Salamander

© TPWD



Texas Snowbell

© Jackie Poole - TPWD



Sharpnose Shiner

© Chad Thomas



Barton Springs Salamander

© Ryan Haggerty/USFWS



Texas Wild Rice

© John Thomaidis



Fountain Darter

© USFWS



Austin Blind Salamander

© Matthew Moskwick



Peck's Cave Amphipod

© Joe Fries, USFWS



Comal Springs Dryopid Beetle

© USFWS



Nature Threatened

Every animal and plant species is affected in one way or another by light pollution. The Texas Hill Country is home to nine species that are not only at risk from artificial outdoor light, but they are also endemic to the region and critically endangered.

Texas Hill Country Dark Sky Quality Analysis

Created by Amy Jackson, Starry Sky Austin for ACCGIS Capstone Project in Collaboration with the Hill Country Alliance, May 16, 2019.

Introduction:
The practice of lighting up our night sky obscures the visibility of our stars and our own galaxy. The Milky Way, light pollution not only affects dark sky quality, but also has a larger impact on the health of humans, plants and wildlife and wastes billions of dollars every year. The picture below shows the World Atlas of Artificial Night Sky Brightness.



Fig. 1 World Atlas of Artificial Sky Brightness
None of our planet's population lives in areas and so are unimpacted by light pollution. Effort is underway between the City of Austin, Travis County, the Texas chapter of the International Dark Sky Association and local interest groups such as the Hill Country Alliance, to eradicate light pollution for surrounding communities and Austin, TX. Understanding the impact of light pollution for that part of Texas will help to bring about awareness which will inspire collective action. This collective action, in time, will increase the need for lighting ordinances and change laws and practices for cities and communities throughout the state.

The Hill Country Alliance is a non-profit organization focused on conservation of the Texas Hill Country. One of their major focus areas for conservation is dark skies. In collaboration with the Hill Country Alliance Dark Sky team, this project is focused on answering two questions: "What is the dark sky quality of the state of Texas and the Texas Hill Country 16 county region?" The results of the analysis will also in the Hill Country Alliance assessment of dark sky quality in order to communicate the need for change in current practices and focus conservation efforts for this 16 county region.

Methodology:
This project used two main datasets to analyze dark sky quality for Texas and the 16 county of county region. 1) Photometric data used to measure the dark side of Artificial Night Sky Brightness, produced by the Light Pollution Science and Technology Institute (LPSI) and processed by the project "The New World Atlas of Artificial Night Sky Brightness" (Galin et al. 2016) and 2) Texas Natural Resources Data. The second data was a Texas Overall Dark Sky Quality map and a Texas Hill Country Dark Sky Quality map of the 16 county region specified by the Hill Country Alliance.

It was necessary to determine criteria for dark sky quality ratings. We based our sky quality criteria using: 1) The World Atlas of Artificial Sky Brightness shown in Fig. 2; the Sky Brightness Histograms shown in Fig. 3; the International Dark Sky Task Group of the National Optical Astronomical Observatory.



Fig. 2 National Optical Astronomy Observatory Fig. 3. IOTA
Fig. 3a Barfite Scale, shown in Fig. 3 and 4 your knowledge of the night sky quality in each area.

The following table summarizes the dark sky quality criteria we determined for comparing and recording the dark sky quality values from the World Atlas of Artificial Sky Brightness lighting point data.

| Dark Sky Quality | Criteria |
|------------------|-------------|
| Excellent | 0.00 - 0.03 |
| Good | 0.04 - 0.36 |
| Poor | 0.37 - 1.00 |

Fig. 4 Dark Sky Quality Table

Fig. 4a - 4c correspond to some of the darkest skies in Texas. At this level of dark sky quality, you can see the summer Milky Way and other winter Milky Way which is fainter than in summer. These skies are dark with minimal cores of light on the horizon. Further stars are visible.

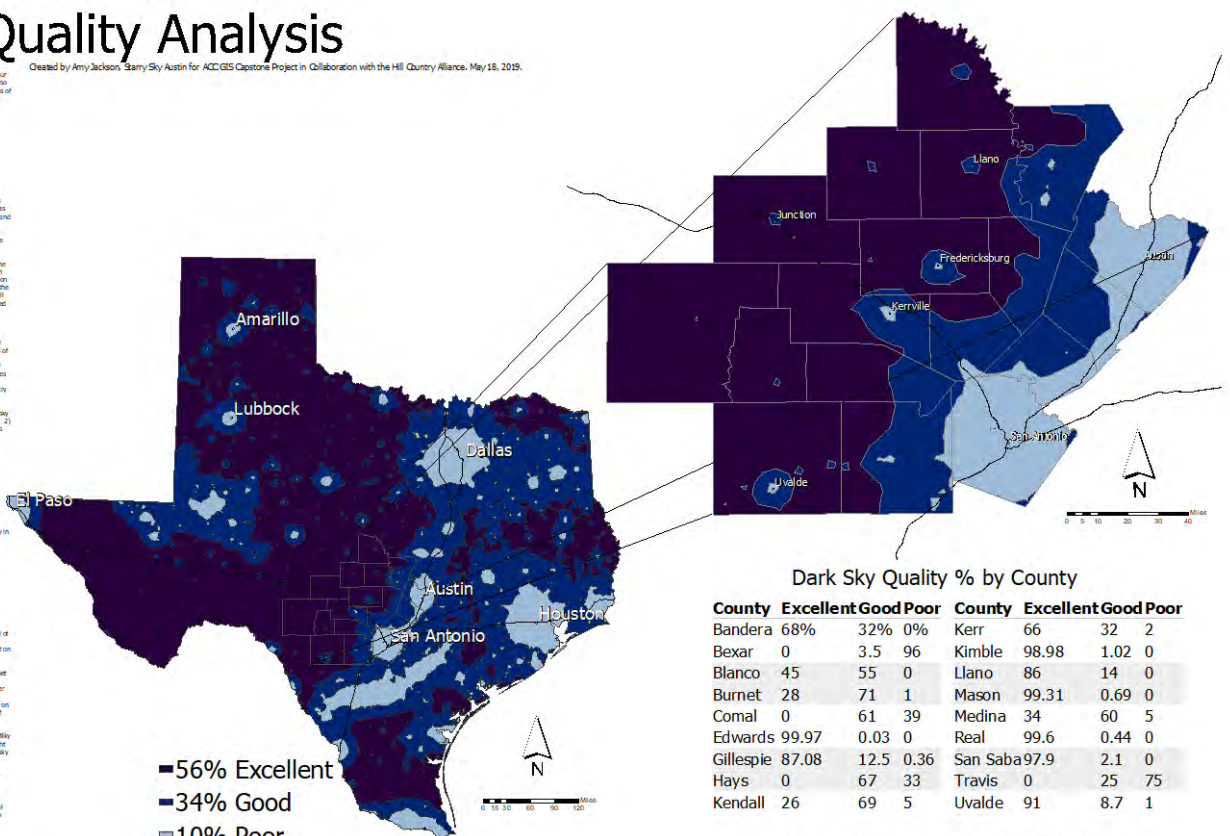
Fig. 4d - 4e correspond to partly the center and the summer Milky Way. The distribution of the Milky Way will not be as defined as in an excellent dark sky quality area. A larger amount of faint stars will be visible on the horizon. The summer Milky Way is slightly visible when overhead but only visible at latitudes. An arc of light can be seen between "Good" and "Poor", both areas are visible on the horizon if you are viewing from an area near urban centers which are areas of high light pollution.

Fig. 4f - 4g correspond to a lack of visibility for the winter and summer Milky Way. Close to city centers where light pollution is high, the sky is glowing with light and so grades being in these areas may never experience a true night since the sky is in a state of artificial twilight.

The World Atlas rating level was implemented using manual methods based on the Dark Sky Quality Table shown in Fig. 4. It then made a modified color scale based on this methodology and used the Texas Hill Country Geographic Information System to map the region based on the rating. It considered an overlay color based on the "Excellent" processing level to overlay the state of Texas polygonal shapefile data and the Central Texas 16 county region of interest feature class to determine Dark Sky Quality based on the criteria table in Fig. 4.

After joining data tables for the state of Texas and Central Texas, I determined percentages of each category of dark sky quality: "excellent", "good" and "poor".

It looks like Texas is doing pretty well representing dark skies, however, by looking at the map, you can see that most of the light polluted areas with poor dark sky quality occurs in urban centers. Next people at work the world in urban centers, so even though dark sky quality may be mostly excellent, who gets to see those night skies and how far will depend on how to travel to see a truly excellent dark night sky. Growth in Texas, especially central Texas, in particular Austin, is increasing exponentially. Will this impact affect us in 20 years? It depends on how we value our night sky and what we do to change our lighting practices in our urban centers and beyond.



Dark Sky Quality % by County

| County | Excellent | Good | Poor | County | Excellent | Good | Poor |
|-----------|-----------|------|------|----------|-----------|------|------|
| Bandera | 68% | 32% | 0% | Kerr | 66 | 32 | 2 |
| Bexar | 0 | 3.5 | 96 | Kimble | 98.98 | 1.02 | 0 |
| Blanco | 45 | 55 | 0 | Llano | 86 | 14 | 0 |
| Burnet | 28 | 71 | 1 | Mason | 99.31 | 0.69 | 0 |
| Comal | 0 | 61 | 39 | Medina | 34 | 60 | 5 |
| Edwards | 99.97 | 0.03 | 0 | Real | 99.6 | 0.44 | 0 |
| Gillespie | 87.08 | 12.5 | 0.36 | San Saba | 97.9 | 2.1 | 0 |
| Hays | 0 | 67 | 33 | Travis | 0 | 25 | 75 |
| Kendall | 26 | 69 | 5 | Uvalde | 91 | 8.7 | 1 |

Central Texas Overall Dark Sky Quality

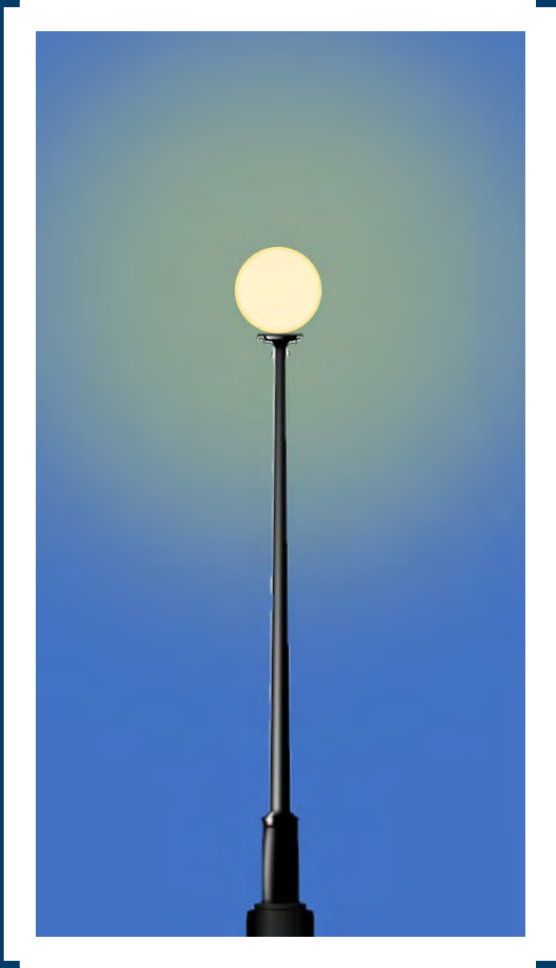
56% Excellent 34% Good 10% Poor

The Disappearance of Night

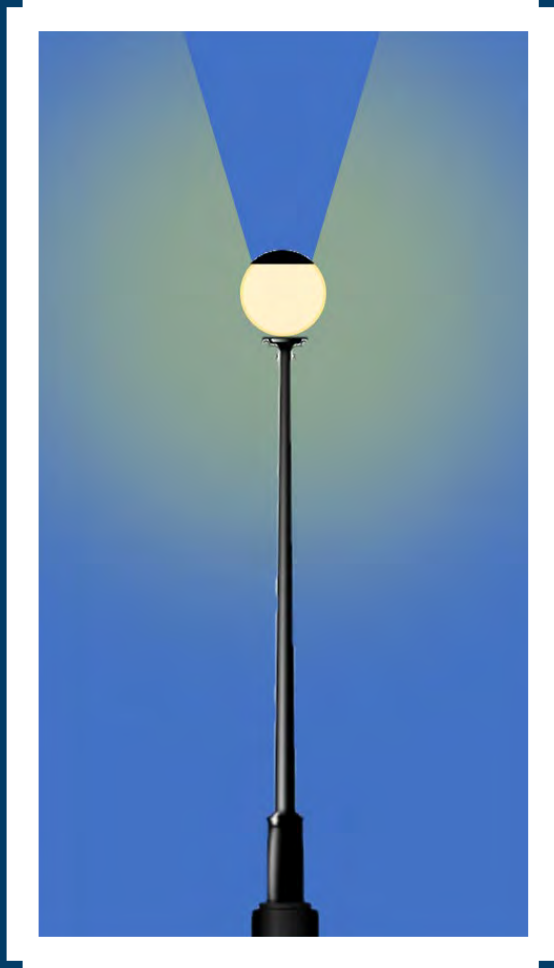
Up until 2023 it was believed that we were losing our night skies at a rate of 2% annually. Recent reports have proven otherwise. Light pollution from outdoor artificial fixtures is causing a 10% loss of night every year. However, despite the rapid increase, it is still one of the simplest and least expensive types of pollution that exists.



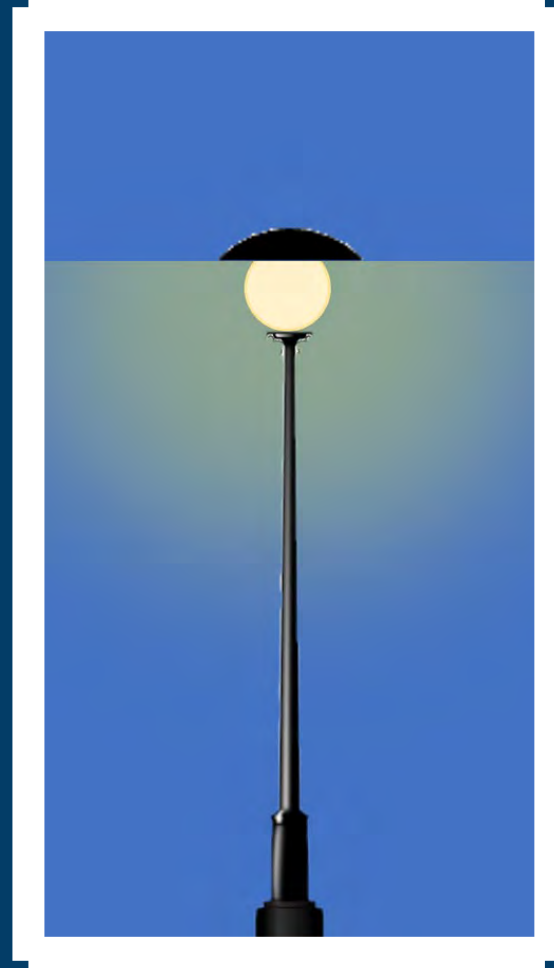
BAD



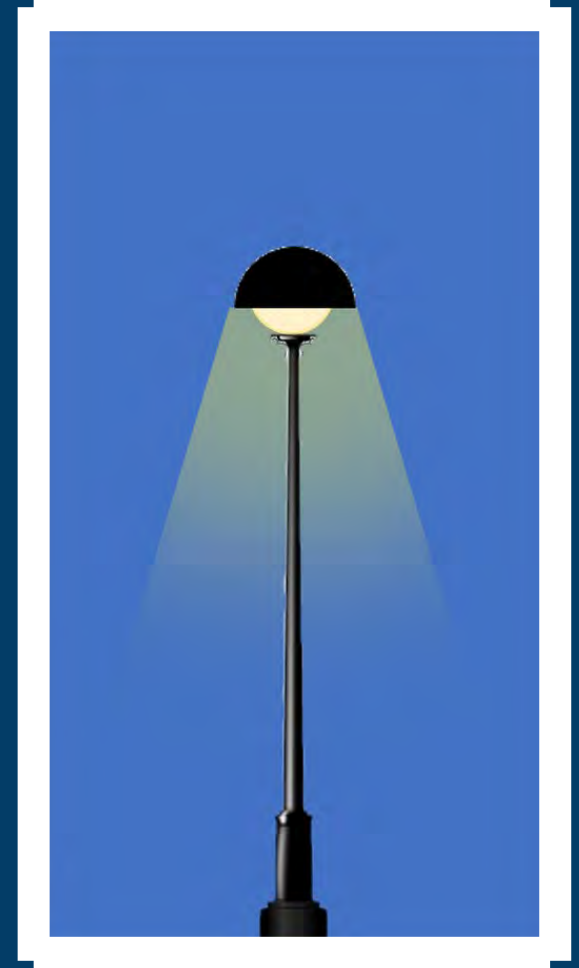
GOOD



BETTER



BEST



Protecting the night sky starts with YOU!

1 Light only what you need



2 Use energy efficient bulbs and only as bright as you need



3 Shield lights and direct them down



4 Only use light when you need it



5 Choose warm white light bulbs



6 Join IDA!
We need your help to continue the fight against light pollution.
DARK SKY.ORG

Night Sky Preservation Starts at Home

Ensure your outdoor lights are:

- Fully shielded
- Shine only what needs illumination
- A temperature of 3000K or lower

Examples of Acceptable / Unacceptable Lighting Fixtures

Unacceptable / Discouraged

Fixtures that produce glare and light trespass



Acceptable

Fixtures that shield the light source to minimize glare and light trespass and to facilitate better vision at night





Thank You